

REGULATION #5575.1 SCHOOL NUTRITION

1. FOODS AT SCHOOL

- 1.1. Parents are encouraged to provide a recess snack and lunch for their children, following Canada's Food Guide to Healthy Eating.
- 1.2. When foods are provided as a reward or for a celebration, foods from the "Serve Sometimes" or the "Serve Most" categories of the *Guidelines for Food and Beverage Sales in BC Schools* issued by the Ministries of Education and Health, should generally be served to students, at the discretion of the principal.
- 1.3. School fund-raising efforts should avoid the sale of foods listed in the "Not Recommended" or "Serve Least" categories of the *Guidelines for Food and Beverage Sales in BC Schools*.
- 1.4. Parent Advisory Committees, when holding events that offer food at schools, are encouraged to follow the recommendations provided in the *Fun Food Resource* (available from Food Services) and the *Guidelines for Food and Beverage Sales in BC Schools*.
- 1.5. Schools will make every effort to comply with the *Guidelines for Food and Beverage Sales in BC Schools* for all foods and beverages available to students through:
 - a) Cafeterias
 - b) Instructional programs such as the Career Preparation Programs in Food Services. Curriculum requirements may take precedence over the *Guidelines for Food and Beverage Sales in BC Schools*.
 - c) Beverage and snack vending machines
 - d) School stores
 - e) Other events or locations where food is served

2. SCHOOL MEAL PROGRAMS

2.1. Surrey School Meal Program

The Surrey School Meal Program for elementary and secondary schools follows the standards established by the Ministry of Education, Canada's Food

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Guide to Healthy Eating and the *Surrey School Meal Program Operational Overview for Elementary Schools* (available from Food Services).

2.2. Breakfast and Snack Programs

Breakfast and Snack Programs will comply with Canada's Food Guide to Healthy Eating and the *Guidelines for Food and Beverage Sales in BC Schools*.

3. FOOD SERVICES

3.1. The Food Services Manager is available to provide support and guidance in implementing and maintaining these standards.

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Reg. [#5501.1](#)