

# ADULT SERVICES FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES PARENT/GUARDIAN/CAREGIVER INFORMATION PACKAGE

(Websites have been hyperlinked throughout this information package so it is best viewed on-line.)

#### ROLE OF THE SCHOOL-BASED CASE MANAGER

The principal of the school is responsible for ensuring that students with identified needs are assigned a school-based case manager. A School-based case manager is the person assigned to coordinate the collaborative process involved in developing, writing, introducing and evaluating an [Individual Education Plan]. School-based case managers coordinate services and liaise with other staff members who work with a particular student, as well as members of involved agencies and ministries. A school-based case manager promotes quality and effective interventions and outcomes. Where possible, students should have the same school-based case manager over extended periods (e.g., K through Grade 7, or Grade 8 through 12) in order to support relationship building and a coherent education plan.

Understanding available options early is a key part of transition planning.

Long-range transition planning should be integrated into the IEP process, beginning in grade 8 or 9. As the student nears the age of 16, the school-based case manager will work most closely with the student, their legal caregiver(s) and appropriate government and community agencies to support planning for adulthood.

#### ADULT SERVICES FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES

It is important for families to understand the options that are available for programs and supports during adulthood. Talking with and visiting agencies that provide these supports, is a key component of transition planning. Knowing the available options, will help you and your youth make the right decisions as soon as possible, so that supports will be in place when the youth turns 19.

Children and Youth with Special Needs (CYSN) - Social Worker - Ministry of Children and Family Development (MCFD)

Surrey CYSN Intake Social Worker: 604-398-6203

When?	Eligibility	Benefit?
BIRTH to AGE 19	Developmental disabilities (intellectual disability), Autism Spectrum Disorder, At-Home-Program (medical needs)	<ul> <li>Provincial Autism Funding</li> <li>Respite care/funding for children living at home</li> <li>After school programs</li> <li>Community skill building programs</li> <li>Transition planning</li> <li>At Home Program</li> <li>Fetal Alcohol Spectrum Disorder</li> <li>Parent support (Positive Connections Program)</li> <li>Behaviour Support Services</li> <li>Life Skills training/support (1-1 CCW or social skills groups) specifically transitioning focused program such as GOAL (1-1 life skills), STEP (pre-employment group) and STAR (youth after school program)</li> <li>Support with referrals to other programs (i.e., Mental Health Services, DDMHS, STADD, CLBC, Counselling)</li> </ul>

#### 2. COMMUNITY LIVING BC (CLBC)

#### a) Facilitator

When?	Eligibility	Benefit?
AGE: 19+	Current psycho-educational assessment indicating an Intellectual Disability (Intellectual Developmental Disorder). For additional CLBC eligibility information, see HERE.	Funding to support daily living:  1) Community Inclusion (day programs)  2) Outreach (e.g., 1:1 support)  3) Employment Support  4) Residential (home-share, group homes)

Connection with CLBC and the subsequent application process, will depend on your comfort level and needs. You may wish to:

- take the assessment documents to CLBC and apply on your own;
- have your CYSN social worker support you with the application process; or
- have the school-based manager support you with the application process. Where the case manager is supporting you and your family, ensure that you consent to release information (sign form).
   Alternatively, the school-based case manager may decide to invite you to the school and to make the phone call to CLBC together.

Once deemed eligible (ideally, between 17 and 18 year of age), CLBC will host a <u>Welcome Workshop for parents and youth</u>. At the Welcome Workshop, CLBC will assign a <u>Facilitator</u>. This facilitator will become a key member of the transition team, spending time getting to know your family, and gathering information regarding the type of CLBC support that your child will require when they become 19 years of age. To access the Welcome Brochure, go <u>HERE</u>.

<u>CLBC Personalized Supports Initiative</u>. For a student with diagnosed intellectual disabilities, or Autism Spectrum Disorder (ASD) and Fetal Alcohol Spectrum Disorder (FASD) with extremely low adaptive functioning (as measured by a standardized assessment), <u>CLBC Facilitators</u> and <u>Services to Adults with Developmental Disabilities (STADD) Navigators</u> work closely with <u>Children and Youth with Special Needs (CYSN) Social Workers</u> to become integral members of the support team.

<u>Health Services for Community Living</u>. Health Services for Community Living supports medical needs of individuals in adulthood and is connected to the individual and their families through CLBC. Health benefits may also be obtained through Persons with Disabilities Benefits (PWD).

For additional Information for Families, see: HERE.

## Surrey CLBC office

#2017, 7495 - 132nd Street, Surrey, BC V3W 1J8

Phone: 604-501-8310

Email - General Enquiries: clbcsurreydelta@gov.bc.ca

#### b) Community Inclusion Support (sometimes referred to as "day programs")

<u>Community Inclusion</u> programs have a "home-base" facility where participants meet daily to engage in social and recreational activities with peers. Accessing community resources such as libraries, pools, shopping malls and other recreational facilities are often a daily part of these programs with a blend of life skills, employment, building independence, social interaction and recreation. Day programs tend to occur in small groups, with staff to participant ratios of 1:3.

## c) Outreach Support Worker Support

Outreach support workers provide customized support to help individuals in the community and/or at home with community and home life skills. Support workers come to the youth's home or meet them in the community. Goals for this type of service are similar to that of community inclusion program, however, addresses the need for 1:1 support.

## d) Employment Support

Employment support focuses on supporting individuals in obtaining gainful employment. Employment support specialists match individual strengths to employers, and support participants to build the necessary skills for employment. Employment specialist also collaborate with employers to ensure mutual understanding of abilities, work duties and supports needed are com within the employment context. Employment support is *typically* for individuals who are able to take public transport to and from work, and follow work routines without direct supervision/support. Customized employment for individuals with significant barriers to employment may also be supported.

## e) Residential/Housing Support

Residential/housing support is for individuals needing a supported living facility. Residential/housing ranges from: individuals living semi-independently in their own home with staff support as required, to home share programs where contracted families support individual to live with them in their home or in a separate suite within their home. Residential/housing also provides for staffed residences or apartments in which individuals can live as independently as possible with the support of full-time staff.

There are many agencies that offer these types of services that can be funded through CLBC. The following is a short list of some agencies in Surrey that offer many of the above listed services and are known to be contracted through CLBC funding. Contacting them to learn more about what these services may look like for your child's specific profile, is highly encouraged.

Milieu Family Services Main Office 17733 66 Ave., Surrey, BC, V3S 7X1

Phone: 604-582-1811

Options Community Services Main Office 9815 - 140th St., Surrey, BC, V3T 4M4

Phone: 604-584-5811

Semiahmoo House Society Main Office 15306 24th Ave., Surrey, BC, V4A 2J1

Phone: 604-536-1242

Sources Community Resource Society Life Skills Centre

12996 60 Ave., Surrey, BC, V3X 2L5

Phone: 604-592-5599

Surrey Association for Community Living 17687 - 56A Ave., Surrey, BC, V3S 1G4

Phone: 604-574-7481

#### 3. SERVICES TO ADULTS WITH DEVELOPMENTAL DISABILITIES (STADD) - NAVIGATORS

When?	Eligibility	Benefit?
AGE: 16 to 24 (or 25)	Confirmed CLBC eligibility.	<ul> <li>Single point of contact for the individual and their families in finding supports and accessing supports during this time.</li> <li>Help organize the transition planning team.</li> <li>Develop a person-centered transition plan.</li> <li>Encourages, supports, and coordinates information-sharing between government and community resources.</li> </ul>

Parents/Guardians may initiate the referral process by making a phone call to STADD. Case managers may also refer the student (with signed consent to release information) for Navigator services through the <a href="STADD">STADD</a> Collaborate platform. Collaborate is a web-based information sharing platform that the Navigator uses to

coordinate transition planning between the various stakeholders. School-based case managers are encouraged to join the Collaborate platform to share transition related information with the team. To log into the Collaborate platform, you will require a <u>Basic BcelD</u>.

STADD:

Phone: 604-785-1190 (Surrey)

1-855-363-5609 (province wide)

STADD Website (incl. links to BCeID and Collaborate)

#### 4. PERSONS WITH DISABILITIES (PWD)

## a) Benefits

When?	Eligibility	Benefit?
AGE: 18	Disability Assistance Criteria HERE.	<ul><li>Monthly income assistance</li><li>Transportation/bus pass</li><li>Medical benefits.</li></ul>

#### b) Benefits for Youth in MCFD Care

When?	Eligibility	Benefit?
AGE: 19	Disability Assistance Criteria HERE.	<ul><li>Monthly income assistance</li><li>Transportation/bus pass</li><li>Medical benefits.</li></ul>

# c) <u>Benefits for Youth with Medical Needs Who are on the At-Home Program</u>

When?	Eligibility	Benefit?
PWD benefits must be in place when youth turns 18	Disability Assistance Criteria HERE.	<ul> <li>Monthly income assistance</li> <li>Transportation/bus pass</li> <li>Medical benefits.</li> <li>Medical supports and supplies</li> </ul>

Assistance hotline: 1-866-866-0800

#### **ALTERNATIVES TO SERVICE PROVIDERS**

Some families choose to take a more active and controlled approach in how an individual's CLBC adult-funded supports are organized.

#### **VELA Microboards**

For some students and families, a Vela Microboard might be their preferred option. A Vela Microboard is a small group of committed family and friends that join a person with disabilities to create a non-profit society, which may receive individualized funding from Community Living BC.

## **Individualized Funding (IF)**

Individualized Funding (IF) provides flexible, person-centred, self-directed payment options for arranging, managing, and paying for supports and services. Both CLBC and Vela have information about individualized funding.

#### POST-SECONDARY PROGRAMS FOR PEOPLE WITH DISABILITIES

Both <u>Kwantlen Polytechnic University</u> and <u>Douglas College</u> have programs dedicated to building vocational skill and work experience for persons with disabilities and barriers to higher education. These programs run on the assumption that the students can get to and from campus, classes and work experience placements without the support of university or college staff. This means either the student has achieved a level of independence in navigating the community and using public transit or parents are able to transport to and from university or college. Staffing ratios are in the 1-15 or 1-5 range, depending on the class and institution. Students are not supported 1-1 during work experience placements.

With support from a BASES program as well as parents/families/friend, some students may be ready for this straight out of high-school, other can be supported by family/friends and community inclusion/outreach agencies after high school to continue building independence and potentially attend post-secondary.

Connecting with the people that run these programs and touring the facilities is an important thing to do if you are interested in these opportunities.

There is an Adult Upgrading Grant that can be access to help pay for the cost of these programs. A STADD Navigator and/or the people that run these programs can help with applying for this grant.

# <u>Douglas College - Vocational Education and Skills Training Program (VEST)</u>

For more information contact us by phone at 604-777-6367 or e-mail at vest@douglascollege.ca.

# Kwantlen Polytechnic University - Access Program for People with Disabilities (APPD)

For more information contact us by phone: 604-599-3095, Multi Campus, or e-mail at <a href="mailto:appd@kpu.ca">appd@kpu.ca</a> Other colleges also have similar programs for people with disabilities.

<u>Canadian Federal Government and BC Provincial Government do provide student bursaries, grants and funding</u> for accessibility equipment for students with disabilities. More information can be found at:

- Capilano University North Vancouver
- Education funding for people with disabilities
- PALS Autism School Adult Programs
- ➤ <u>STEPS Forward BC Initiative for Inclusive Post-Secondary Education</u>
- University of the Fraser Valley
- Vancouver Community College Students with Disabilities

#### ADDITIONAL RESOURCES

- Affordable Housing: Finding quality and affordable housing can be a challenge for many young adults. To explore social housing options, you can connect with <u>BC Housing</u> and <u>BC Non-Profit Housing</u> or the <u>Cooperative Housing Federation</u>. BC Housing provides a Home Adaptations for Independence (HAFI) grant for homeowners and tenants for up to \$20,000.
- ➤ <u>Assistive Technology BC (AT BC)</u>: Assistive technology resources to make learning and working environments accessible for people with disabilities.

Autism Community Training (ACT) provides information and training to enable parents, professionals and para-professionals support individuals with Autism Spectrum Disorder to live productive, satisfying lives within their families and communities.

Phone: 604-205-5467

➤ <u>BC Ombudsperson</u> is responsible for hearing complaints against a government ministry or public agency and is an independent agency from government.

Phone: 1-800-567-3247

- ➤ <u>BC's Cross Ministry Transition Planning Protocol</u>: MCFD's document describes how the multiple systems of government in BC have agreed to work together to support youth transition planning.
- Communication Assistance for Youth and Adults (CAYA) is a province-wide service program that supports adults aged 19 years and older who require an augmentative/alternative communication (AAC) system due to a severe communication disability (i.e., speech that is not functional for daily communication). The goal of CAYA is to ensure that eligible individuals have access to the communication tools and professional support to enable them to create an adult life to the best of their abilities.
- ➤ Choice in Supports for Independent Living (CSIL) is a self-directed option for eligible home support clients. CSIL clients receive funds directly from their local health authority to purchase their own home support services. Clients become employers who manage all aspects of their home support, from hiring and supervising staff to overseeing how CSIL funds are spent.

People who cannot manage CSIL on their own may be eligible if a client support group or an individual designated as a representative through a Representation Agreement is acting as the CSIL employer. CSIL clients have control over who they hire to provide personal assistance, when services are scheduled and how tasks are carried out.

- ➤ <u>CLBC Addressing Personal Vulnerability through Planning</u> is a guide to identifying and incorporating intentional safeguards when planning with adults with developmental disabilities and their families. Community Living British Columbia developed this document, for use by CLBC staff, service providers, self-advocates, families and members of personal support networks.
- ➤ <u>CLBC ICanBeSafeOnline</u> was created as Community Living BC's online safety website. This website serves as an important tool to help people learn how to be safe online while still having fun with their friends and family, and connecting with their community.
- CLBC Terms and Acronyms for Community Councils
- <u>Disability Alliance BC</u> provides advocacy, training and resources that support people, regardless of their disability, to live with dignity, independence and as equal and full participants in society. Toll-Free: 1-800-663-1278
- Family Supports Institute (FSI) has a network of resource parents waiting to share their experience and help other parents navigate this transitional time for families. They also have a website with a transition timeline that is a helpful tool during transition planning time, HERE.
- ➤ <u>Inclusion BC</u> is a provincial organization that promotes the participation of people with developmental disabilities in every aspects of community living. Inclusion BC provides support, education and advocacy where and when it is needed, and supports to break down barriers and

building communities that include people of all abilities. Inclusion BC is a federation of organizations that provide direct service to children, youth and adults with developmental disabilities in B.C.

Phone: 604-777-9100

- ► Inclusion BC's Transition Planning Resource
- Pacific Autism Family Network
- ➤ <u>Planned Lifetime Advocacy Network (PLAN)</u> offers resources, support and workshops to help plan for the future, support with issues like wills and estates, registered disability savings plans (RDSPs) and discretionary trusts.

Phone: 604-439-9566

- ➤ Registered Disability Savings Plan Resource Centre
- Representation Agreements. For all students, support to make their own decisions is a very important step toward adulthood and active citizenship. A representation agreement allows you to authorize one or more individuals to be your representative to help make life decisions. This is not available until age 19. To learn more, contact: Nidus Personal Planning Resource Centre.
- ➤ Representative for Children and Youth (RCYBC) supports and advocates for young adults, from their 19<sup>th</sup> to 24<sup>th</sup> birthdays, who are eligible to receive services from Community Living BC.
- > <u>Support Worker Central</u> is an online database created by the Family Support Institute designed to match individuals, families and agencies with support workers in their communities.
- ➤ <u>Teen Transition Planning</u> website provides training and supports for families and professionals throughout BC.
- ➤ <u>Vela Canada</u> is a non-profit organization that supports families and individuals in regards to individualized funding options from CLBC through microboards.

Phone: 604-539-2488

➤ <u>WorkBC</u> is a provincial service that is available to youth and adults who are 16 years or older and no longer attending high school. Local WorkBC office may help youth seek employment opportunities and support them in the job search and attainment process.