

## Connect 11

The Connect 11 Program is a program that enhances student, parent, and other family member's engagement and integration into their new community. The C11 program focuses on providing children and youth with sports and activities to engage and develop the skills necessary for life and in school. For parents, there are workshops to support the family's engagement and connectedness to school and community.

Bringing together both children and parents in a family based program provides the opportunity for inter- generational acceptance and knowledge sharing. It is through this program that the space for meaningful connection for the whole family is provided. By offering meaningful activities for both the children and the parents, the whole family is given the opportunity to learn, share and have fun.

**Target Participants:** English Language Learner (ELL) grades K-12 students and their family members

### Goals for Students:

- Increasing social support to foster inter-generational connections
- Develop social and life skills through active participation in sports
- Increase positive social connections, self-esteem and their sense of belonging
- Develop mentorship skills by engaging younger students
- Support the development of their inner confidence to contribute positively to their new community

### Goals for Parents:

- Increasing social interactions to foster inter/intra generational connections
- Develop connections to other parents in their community
- Increase awareness and access about resources, services and supports in the school and community
- Increased understanding of life in Canada and community

### Workshop Themes for Parents:

- Connecting to employment/ volunteering experiences
- Supporting with the understanding of their child's school and expectations
- Connecting to valuable resources in the school and community
- How to stay safe and healthy in the new community
- Developing an understanding of life in Canada

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