## GOLDSTONE PARK ELEMENTARY



6287 146 St.

604-595-2767 (Phone)

801

goldstonepark@surreyschools.ca

Surrey, B.C.

604-595-2769 (Fax)

www.surreyschools.ca/schools/goldstonepark

V3S 3A3

यह बहुत ज़रूरी नोटिस है एसका हिन्दी मे अनुवाद करवाईये।

ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਸੂਚਨਾ ਦਾ ਅਨੁਵਾਦ ਕਰਵਾਓ।

Ito ay importanteng impormasyon. Mangyaring isalin ito sa Tagalog.

Wed, Oct 13<sup>th</sup> Mon, Oct 11<sup>th</sup> Photo Day – Individual Photos

Thanksgiving – School Closed

Fri, Oct 22<sup>nd</sup>

Pro-D Day – No School

Mon, Oct 25<sup>th</sup> We

We Scare Hunger Food Drive

Thu, Nov 11th Remem

Remembrance Day – School Closed

Fri, Nov 12<sup>th</sup> Pro-D Day – No School

Mon, Nov 15<sup>th</sup> PAC Meeting - 7:00pm in Library

# **Principal's Message**

It is hard to believe we have already been in school for a whole month. The students have been very busy learning new skills, applying new ideas, creating works of art, being scientists and nature walk explorers!!! The list goes on and on. Please make sure to check out our website for up-to-date information.

Warmly,

Mrs. Grills Principal

# **Terry Fox Run - Update**

Our Terry Fox Run took place on Friday September 24, with staff, students and parents running in support of Cancer research. The school raised \$2444.90. We went well beyond our target of \$1400. Thank you to everyone who donated to such a worthy cause.

# **Thanksgiving**

Expressing gratitude is something we can practice regularly in our daily lives to boost our well-being. Gratitude has powerful effects on our brain and our body. It helps us feel more positive emotions, savour good experiences, improve our health, and build strong relationships.

Try this with your family this weekend.

G-R-A-T-I-T-U-D-E

Look at each letter and think about different things that you are grateful or thankful for that starts with that letter.

For example, for G you might be grateful for games, or grandparents.

Have a restful, thanksgiving weekend.

2021-10-07 Newsletter #5

## **Parents and Covid Protocol**

Parents please be aware if you are coming onsite, you need to continue to be masked.

If you are coming to the school for a scheduled appointment, you will need to

- 1. hand sanitize
- 2. complete the daily health check
- 3. sign in
- 4. be masked
- 5. go only to the designated meeting spot
- 6. sanitize
- 7. sign out

Please continue to do the required daily health screening with your child prior to sending them to school.

The health of all our school community is important to us. Do your part to keep everyone safe.

# <u>Individual Picture Day – Wednesday October 13<sup>th</sup></u>

Bright and solid colours will make for the best photos. No green as it affects the screen. Long-sleeves are preferred.

Ensure your child's hair is neat and well-groomed.

Normal clothing that the child will be comfortable in all day at school.

<u>Click Here</u> to view "How to Prepare for Photo Day" (please scroll to the bottom). Please share this link with your students' families and guardians for more information about Photo Day.

Click Here to visit "Frequently Asked Questions" (FAQ) about Photo Day.

For further assistance, you can <u>chat</u> with us or email our Customer Service department at <u>coordinator@mountainwest.ca</u>

# We SCARE Hunger

Our annual Halloween food drive will begin Monday, October 25th!



# **Spirit Wear**

T-shirt Tuesdays continue this year. Classes are invited to wear their class colour Goldstone Team shirt. It is an easy fun way to have whole school spirit. If you need a new shirt, order information is all online-under school cash. Please remember you must be registered under school cash.



2021-10-07 Newsletter #5

#### PAC HOT LUNCH PROGRAM 2021/2022

As we get ready for another exciting year at school, it is also time to get the Hot Lunch Program up and running. We will be doing online ordering for all orders to ensure accuracy with the orders and to make the process as easy for everyone as possible.

#### On-line registration and ordering:

The hot lunch online ordering system requires a small amount of set-up time at the beginning. However, once the account is set up, ordering lunch for the remainder of the year should be quick and simple. Here's how to get started...

- ✓ Go to goldstonepark.hotlunches.net
- ✓ Click on "Click here to register"
- ✓ Enter access code GPHL
- ✓ Complete registration form (please include a current email address to ensure you receive reminder emails about ordering deadlines and upcoming orders)
- ✓ Click the "Register Now" button at bottom of form
- ✓ Follow instructions to add each child in your family that attends Goldstone Park Elementary
- ✓ Once your child(ren) are registered, click on "Orders"
- ✓ Proceed to order lunch for your child(ren)

If you have any questions or need assistance with registration, please consult the "Parent Instruction Guide" under "Help".

# **Fundscrip Fundraiser**

Do you buy groceries, gas, household items, shop at big box stores or have a renovation project? Go to out to restaurants or need gifts for upcoming birthdays, holidays or special events? Do you have a business looking for employee and client gifts?

Fundscrip is a fundraising program that allows our PAC raise much needed funds by purchasing gift cards to the stores you're already shopping at. You receive the face value of the gift cards you purchase and a percentage of your purchase will be donated to our fundraising campaign.

There are over 100 different cards to choose from! Order online through our hot lunch website or by printing out the order form below and returning to your child's teacher with a check made payable to Goldstone Park PAC.

For assistance with large orders please contact PAC directly. Please have all orders in by **Friday, October 29th.** 

2021-10-07 Newsletter #5



NAME	TELEPHONE	PAYABLE TO
		https://goldstonepark.hotlunches.net

#### NOTES

Paper order forms along with a check made payable to Goldstone Park PAC can be returned to your child's teacher Online orders can be made on our hotlunch website.

https://goldstonepark.hotlunches.net

### THE ESSENTIALS

			Gı	ocery								
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Extra Foods,No Frills,Real Canadian Superstore,Real Canadian Wholesale Club,Your Independent Grocer	3%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
Instacart	3%	\$25 >		\$50 >								
M&M Food Market	3%	\$25 >		\$50 >								
Sobeys, Safeway, Thrifty Foods	3%	\$25 >		\$50 >		\$100 >		\$250 >				
				Gas								
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QΤ	Total \$
Esso, Mobil	2%	\$25 >		\$50 >		\$100 >						
Petro-Canada™	2%	\$10 >		\$20 >		\$25 >		\$50 >		\$100 >		
Shell	2%	\$25 >		\$50 >		\$100 >		\$500 >				

### **OTHER CATEGORIES**

Restaurant & Coffee												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QΤ	Total \$
A&W	4%	\$10 >		\$25 >								
Boston Pizza	5%	\$25 >		\$50 >		\$100 >						
DoorDash	4.5%	\$25 >		\$50 >								
Earls Kitchen + Bar	5%	\$25 >		\$50 >								
JOEY	6%	\$25 >		\$50 >								
Kelseys, East Side Mario's, Elephant & Castle, Harvey's, Montana's BBQ & Bar, New York Fries, Original Joe's, Swiss Chalet, The Ultimate Dining Card	5%	\$10 >		\$25 >		\$50 >		\$100 >				
Kentucky Fried Chicken, Pizza Hut, Taco Bell	3%	\$25 >		\$50 >								
McDonald's®, McCafé	2.5%	\$15 >		\$25 >		\$50 >						
Moxie's Grill & Bar	10%	\$25 >		\$50 >		\$100 >						
Pizza 73	10%	\$10 >		\$25 >		\$50 >		\$100 >				
Pizza Pizza	10%	\$10 >		\$25 >		\$50 >		\$100 >		\$500 >		
Starbucks	3%	\$5 >		\$25 >								
SUBWAY®	3%	\$10 >		\$25 >		\$50 >		\$100 >		\$500 >		
Teriyaki Experience	10%	\$10 >		\$25 >								
Thai Express	4%	\$25 >		\$50 >		\$100 >						
The Canadian Brewhouse	8%	\$25 >		\$50 >		\$100 >						
The Chopped Leaf	10%	\$25 >		\$50 >		\$100 >						
The Keg Steakhouse + Bar	5%	\$25 >		\$50 >		\$100 >						
The Old Spaghetti Factory	5%	\$25 >		\$50 >								



	ı	Restaur	ant & C	Coffee (	Continu	ued)						
Retailer	%	\$	QT	\$	QT	\$	QΤ	\$	QT	\$	QΤ	Total \$
Tim Hortons	2%	\$15 >		\$25 >		\$50 >		\$100 >				
Uber Eats	2.5%	\$10 >		\$25 >		\$50 >						
Wendy's	3%	\$10 >		\$25 >		\$50 >						
White Spot	5%	\$25 >		\$50 >								
			Αŗ	parel								
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Aerie	6%	\$25 >		\$50 >		\$100 >						
ALDO	10%	\$25 >		\$100 >								
American Eagle®	6%	\$25 >		\$50 >		\$100 >						
Claire's	4%	\$20 >										
Gap, Baby Gap, Banana Republic, Old Navy	5%	\$25 >		\$50 >		\$100 >						
H&M	3.5%	\$25 >		\$50 >		\$100 >						
Harry Rosen	5%	\$100 >										
La Senza, La Senza Express	7%	\$25 >		\$50 >								
La Vie en Rose, Bikini Village	8%	\$25 >		\$50 >								
lululemon	2.5%	\$25 >		\$50 >		\$100 >						
Mark's	7%	\$25 >		\$50 >		\$100 >						
Roots, Roots Kids	10%	\$25 >		\$50 >		\$100 >		\$250 >				
Simons	5%	\$25 >		\$50 >								
Suzy Shier	6%	\$50 >		\$100 >								
Warehouse One	6%	\$50 >										
			Busine	ss & Of	fice							<u> </u>
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Staples	3%	\$25 >		\$50 >		\$100 >		\$200 >		\$500 >		
	i		Childre	en & To	vs				<u></u>		<u> </u>	<u>i</u>
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Build-A-Bear Workshop®	7%	\$25 >	Α.	Ψ	٧,	<u> </u>	<u> </u>	<u> </u>	~.	Ψ	٧,	τοια, φ
The Children's Place	8%	\$25 >		\$50 >		\$100 >						
Toys "R" Us, Babies "R" Us	2%	\$25 >		\$50 >		\$100 >						
Toys IC Os, Dables IC Os	2/0	i	Jonarta	nent St	oroc	Ψ100>						
Retailer	%	\$	<b>QТ</b>	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Amazon.ca	2%	<b>9</b> \$10 >	Q1	\$25 >	पा	\$50 >	या	\$100 >	٩ı	\$250 >		1 Otal \$
Dollarama	3%	\$10 >		\$25 >		\$50 >		Ψ100 /		Ψ-00 /		
Hudson's Bay, TOPSHOP TOPMAN	3%	\$10 >		\$25 >		\$50 > \$50 >		\$100 >		\$250 >		
Walmart	3%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
WINNERS, HomeSense, Marshalls	5% 6%	\$10 >		\$25 >		\$50 > \$50 >		\$100 >		\$250 >		
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Retailer	% 4. <b>5</b> %	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Best Buy	1.5%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
The Source	2%	\$25 >		\$50 >		\$100 >						
			Enter	tainme	nt							
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Chapters, Indigo	5%	\$10 >		\$25 >		\$50 >		\$100 >				



		Ente	rtainme	ent (Co	ntinued	l)						
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Cineplex, Famous Players, Scotiabank	4%	\$10 >		\$25 >		\$50 >		\$100 >				
Landmark Cinemas	4%	\$25 >		\$50 >					i	<del></del>		
			Health	& Bea	uty	<b>i</b>						
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Bath & Body Works	5%	\$25 >		\$50 >								
Fruits and Passion, THE FACE SHOP	10%	\$25 >										
Regis Salons, Hairmasters, MasterCuts	5%	\$25 >										
Rexall	2%	\$25 >		\$50 >								
Sephora	4%	\$25 >		\$50 >		\$100 >		\$250 >				
Shoppers Drug Mart	3%	\$25 >		\$50 >		\$100 >						
			Home	& Gard	en							
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Canadian Tire	4%	\$10 >		\$25 >		\$50 >		\$100 >			,	
Home Depot	3%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Home Hardware, Home Furniture	3.5%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Lowe's	3%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
RONA	3%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Stokes, ThinkKitchen	6%	\$25 >										
			Sp	ecialty								
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
App Store & iTunes	3%	\$25 >		\$50 >		\$100 >						
DAVIDsTEA	3%	\$25 >		\$50 >								
DeSerres	5%	\$25 >		\$50 >		\$100 >						
Groupon	3%	\$25 >		\$50 >								
Kernels Popcorn	5%	\$15 <b>&gt;</b>		\$25 >		\$100 >						
MOLLY MAID	4%	\$100 >					***************************************					
PetSmart	2%	\$25 >		\$50 >		\$100 >		\$250 >				
			Sports	& Leis	ure							
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QΤ	Total \$
Bass Pro Shops	4%	\$25 >		\$50 >								
Cabela's	4%	\$25 >		\$50 >		\$100 >						
Foot Locker	5%	\$25 >		\$50 >								
Golf Town	3%	\$25 >		\$50 >		\$100 >		\$250 >				
LifeExperiences.ca	7%	\$100 >										
Running Room	6%	\$25 >		\$50 >								
Sport Chek, Atmosphere	4%	\$25 >		\$50 >		\$100 >						
			Т	ravel				***************************************				
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Best Western	2.5%	\$50 >		\$100 >								
Fairmont Hotels & Resorts, WillowStream	8%	\$50 >		\$100 >		\$250 >						
Ôrigine artisans hôteliers	2.5%	\$50 >		\$100 >		\$250 >		\$500 >				
Uber	2.5%	\$10 >	<del></del>	\$25 >		\$50 >						



Others Retailers											
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$ QT	Total \$
Ivanhoe Cambridge, Guildford Town Centre, Metropolis at Metrotown, Tsawwassen Mills	3.5%	\$25 >		\$50 >		\$100 >					

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