Jumpstart Academy

Jumpstart is a multi-sport and leadership development program that provides fundamental movement skills and sport instruction to 1500 (aged 6-12) students experiencing barriers to sports participation each year. Jumpstart Academy was launched in October 2011 at 10 schools and quickly expanded to 26 schools by January of 2014.

At each program site, two YMCA instructors, secondary school volunteers and over 20 sport and recreation partner groups provide instruction, mentorship and support to the girls and boys who take part in the 3 yearly sessions: fall, winter and spring.

The program runs after school for 2 hours either once or twice per week and includes selected sports and recreation field trips. Students are connected to community and school sport and recreation participation through their time in Jumpstart Academy and encouraged to pursue lifelong physical activity.

Funds are needed to support the participation of students with various disabilities and challenges that cannot currently be supported by program staff and to include professional sport instruction.

Contact us

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Program Donors:









Program Partners:

YMCA, Sportball BC, Provincial sport organizations (athletics, golf, gymnastics, lacrosse, rugby, softball)

Other supporters include: City of Surrey and the Surrey Firefighters Association.