

### **Clayton Elementary**

7541 184 Street Surrey, B.C. V4N 3G5 604-576-6411 Principal: Mrs. L. Fenrick Head Secretary: Mrs. D. Copan



## Newsletter

Monday Jan. 20	Tuesday Jan. 21	Wednesday Jan. 22	Thursday Jan. 23	Friday Jan. 24
Jumpstart Session 2 Grades 2-4 Registration forms available at the office		Last day for tennis		JumpStart Session 2 Registration forms due today
Monday	Tuesday	Wednesday	Thursday	Friday
Jan. 27	Jan. 28	Jan. 29	Jan. 30	Jan. 31
	Brave as Can Be –		PAC meeting	Youth with Autism
	parent info night on		Room 4	conference for some
	big worries		6:30pm	students at Salish
			All welcome and	
	7:00-8:30 in the		encouraged to attend	
	library		Ŭ	Family Groups

#### Tennis:

We are still looking for some money for our Tennis lessons. Not all students have paid their \$5. Please send the money to school asap. It is still available to pay online: <a href="https://surreyschools.schoolcashonline.com/">https://surreyschools.schoolcashonline.com/</a>

#### Weather:

Please remember to send your children with warm clothes, GLOVES or MITTENS and boots. We do go out for recess and lunch unless the weather is severe. A change of clothes on these wet/snowy days is also very important, regardless of grade.

#### Nutrition at school:

Please remember we are no longer allowing pop or any type of fountain drink at school. Please don't send these with your child or buy them as part of a fast food meal that you are dropping off. See this great article for some insight: <u>Healthy Drinks for Children</u>

#### WE WANT TO HEAR FROM YOU!!!!!

In the next week, parent surveys will be coming home one per family (youngest and only children). This survey is a way to get your thoughts on our past few years of Community Building initiatives and help us to direct our future work. We really want to hear from as many parents as possible as to how we can continue to grow our community. Please take some time to fill it out and return it to your child's teacher along with the draw slip. Returning the survey with the draw slip will enter you into a draw to win one of two \$50 President's choice gift cards good for Independent Foods and Superstore. Thank you in advance!

#### JumpStart

Our second session of JumpStart is set to begin on Feb. 3rd. It is still Tuesdays and Thursdays from 2:30-4:30pm. This session is going to be aimed at students in Grades 2-4. Registration forms are available now at the office and are due back Jan. 24th.

# Brave as Can Be



Anxiety is a normal part of life, but when our child's worries get so big that they prevent them from enjoying activities, achieving their goals, or trying new things it's important to learn some tools to help them manage. The school counsellor at Clayton Elementary is offering a parent info night to help parents understand what anxiety is, what strategies help and how best to support their child.

Where: Clayton Elementary library

When: Tuesday January 28th 7:00 pm - 8:30 pm

What: Tips, tools and resources

**Who**: Facilitated by Ashley Barker MA (Sunrise Ridge Elem. counsellor) and Nassim Ghani MEd (Clayton Elem. counsellor)

More questions? Just email me at ghani\_n@surreyschools.ca or 604-576-6411

Hope to see you there!

Nassim Ghani M.Ed. CCC, RCC