



Clayton Elementary

7541 184 Street
 Surrey, B.C. V4N 3G5
 604-576-6411

Principal: Mrs. L. Fenrick
 Head Secretary: Mrs. D. Copan



Newsletter

Reminder - no School tomorrow (Fri, Nov. 8) - Pro-D day

Monday Nov 11	Tuesday Nov 12	Wednesday Nov 13	Thursday Nov 14	Friday Nov 15
Remembrance Day No School	Div 9 Field trip 5pm in gym - Grade 7 only parent night *notice went home today regarding this		Div 4 and 5 field trip Kindergarten Vision and hearing screening	
Monday Nov 18	Tuesday Nov 19	Wednesday Nov 20	Thursday Nov 21	Friday Nov. 22
Family photo night for those signed up 4:30-8:30 Western Direct and Floral Arrangements orders due			Early dismissal 1:25pm Parent/teacher conferences	

Remembrance Day

Thank-you to all the parents who attended our ceremony today. The students did a fantastic job of showing their learning about what Remembrance Day is all about. Thank-you to Ms. Steger and Ms. Barabash for organizing this assembly and thank-you to Taylor and Jalyn for being our MC's. We were really reminded about the amazing country we live in and how thankful we should be for the peace in our lives.

Parent Teacher Conferences

Parents can start calling the office to book an appointment with their child's teacher on Wednesday, Nov. 13. Please do not call before the 13th as we need time to organize schedules. Parent/Teacher conferences are an incredibly important time to set mutual goals with and for your child. All parents are invited and encouraged to make an appointment.

Boundary Consultation for New Schools (Maddaugh Road Elementary and Regent Road Elementary)

Email was sent home today with this important information.

Please see the information here: [Clayton Area Boundary Consultation 2019 - Information Package.pdf](#)

Note that the Clayton Elementary parent meeting and info session is on Thursday, Nov. 28th.

TALKING WITH TEENS ABOUT VAPING

TIP SHEET



Get More Information: Canada.ca/vaping-info

BEFORE THE TALK: GET THE FACTS

Vaping is not harmless

- › Vaping can increase your exposure to harmful chemicals.
- › Vaping can lead to nicotine addiction.
- › The long-term consequences of vaping are unknown.
- › It's rare, but defective vaping products (especially batteries) may catch fire or explode leading to burns and injuries.

Risk of nicotine

Nicotine is a highly addictive chemical. Youth are especially susceptible to its negative effects, as it can alter their brain development and can affect memory and concentration. It can also lead to addiction and physical dependence. Children and youth may become dependent on nicotine more rapidly than adults.

Although not all vaping products contain nicotine, the majority of them do, and the level of nicotine can vary widely. Some vaping liquids have low levels, but many have levels of nicotine similar or higher than in a typical cigarette. Quitting vaping can be challenging once a teen has developed an addiction to nicotine. Nicotine withdrawal symptoms can be unpleasant. Even if a vaping product does not contain nicotine, there is still a risk of being exposed to other harmful chemicals.

Vaping nicotine can alter teen brain development.

Vaping versus smoking

For people who smoke, completely replacing cigarette smoking with vaping will reduce their exposure to harmful chemicals. However, it is not safe for youth to use any nicotine products, including cigarettes and vaping products.

Vaping liquids

The ingredients typically found in vaping liquids include glycerol, flavours, propylene glycol and varying levels of nicotine. The long-term safety of inhaling these substances in vaping products is unknown and continues to be assessed. There is no burning during vaping, instead, the liquid is heated. This process can cause reactions and create new chemicals, such as formaldehyde. Some contaminants, such as metals, might also get into the vaping products and then into the aerosol.

Did you know?

- › Data from a recent Health Canada survey showed that 23% of students in grades 7–12 have tried an electronic cigarette.
- › Vaping devices may also be used for other substances like cannabis.
- › Vaping products can be difficult to recognize:
 - Devices come in a variety of shapes and sizes, and some resemble a USB flash drive;
 - Liquids can have high levels of nicotine and come in a variety of flavours;
 - Vaping may not leave a lingering identifiable smell; and,
 - Add-ons like vinyl “skins” or wraps can also render these items harder for parents and teachers to recognize.
- › Vaping products have many names, such as: e-cigarettes, vape pens, vapes, mods, tanks, and e-hookahs. They may also be known by various brand names.
- › The *Tobacco and Vaping Products Act* prohibits vaping products to be sold or given to anyone under the age of 18. Be aware of the laws in your province or territory, as some have increased the age to 19.

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P.D. Day Camps:

2019:

October 25th
November 8th

2020:

January 20th
February 14th

Holiday Camps:

2019:

November 11th
December 30th
December 31st

2020:

January 2nd
January 3rd
February 17th

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2019 CHRISTMAS HAMPERS

1. Please complete the fields below as requested in Section I and II.
2. Please refer to Section I for payment.
3. Please bring this order/receiving form and your ID when you are picking up your hamper(s) on the designated date.
4. Deadline to place order and make your payment is November 29th, 2019 (4 pm). Hamper availability may be limited after this date.

I. HAMPER ORDER (please complete all fields):

Order Date: _____ No. of Hampers: _____

Name of Organization/Individual: _____

Email: _____ Client No. _____ Telephone: _____

Amount: \$ _____ Payment Method: Cash Debit Credit

- a) If you are a Community Resource Partner/Quest Client paying by credit card or visa, please fill out an online order form and pay online through Paypal or e-transfer:
<http://www.questoutreach.org/christmas-hampers-2019/>
- b) If you are a Quest Client paying by cash, debit, or credit card in the grocery market, please hand this completed form to the Cashier in the grocery Market. The Cashier will provide you with the payment receipt. Please bring this receipt when picking up the hamper(s).

II. HAMPER PICK UP (please complete all fields):

Name of person(s) picking up: _____

Location: Surrey Dundas Burnaby North Vancouver

Pick up Date: Dec. 18th, 19th 20th Hours: 9 a.m. to 3 p.m.

Pick Up Hours: 9:00-9:30 am 9:30-10:30 am 10:30-11:00 am 11:00-11:30 am 11:30-12:00 am

12:00-12:30 pm 12:30-1:00 pm 1:00-1:30 pm 1:30-2:00 pm 2:00-2:30 pm 2:30-3:00 pm

FAMILY HAMPER (feeds 4-6 people) - COST \$39.00:

- 1 10-12 lb Turkey
- 2 boxes instant mashed potatoes
- 2 boxes stuffing mix
- 2 cans of vegetables
- 1 can cranberry sauce
- 2 packets instant gravy
- 1 box cookies
- 2 cans of soup
- 1 box of crackers
- 1 box of chocolates
- 2 cans of fruit
- 1 bag of fresh seasonal vegetables

*please note: this is the only type of hamper we have and we can not make any substitutions

