

# **Clayton Elementary**

7541 184 Street Surrey, B.C. V4N 3G5 604-576-6411

Principal: Mrs. L. Fenrick Head Secretary: Mrs. D. Copan





Sept 28	Sept 29	Sept 30	Oct 1	Oct 2
Pro-D day  No school for students	Student verification forms due back to office  Terry Fox run (due to Friday weather cancellation)	Orange Shirt Day – wear orange!	Individual Student photos	
Oct 5	Oct 6	Oct 7	Oct 8	Oct 9
		Earthquake drill		

## **Terry Fox Run Event**

Due to the weather today, we are postponing the assembly and run for Tuesday. Please send your kids on Tuesday ready to run! We are looking to reach our \$250 fundraising goal (\$1 per student). This can be done by donating directly through the Terry Fox

Foundation <a href="http://www.terryfox.ca/ClaytonElementary">http://www.terryfox.ca/ClaytonElementary</a> This is great if you would like a donation receipt. You can also donate through our online payment system: <a href="https://surreyschools.schoolcashonline.com/">https://surreyschools.schoolcashonline.com/</a>

Remember, this run is not just about fundraising for Cancer Research, it is about teaching kids that perseverance is truly a vital key to success and that even just one person can make a big difference.

### **Orange Shirt Day**

This is coming up on Sept 30<sup>th</sup>. It is a day when we commemorate the residential school experience, to witness and honour the healing journey of the survivors and their families, and to commit to the ongoing process of reconciliation. We will be asking all students to wear orange on that day. Typically, we do a t-shirt order but as you can imagine, we did not get to it this year. If you would like to support the Orange Shirt Day society, here is a link to order:

https://www.orangeshirtday.org/shirts--gifts.html According to the website, orders need to be in by 25<sup>th</sup> to arrive on time. These particular shirts are not necessary, we are just wanting all students to wear orange. Over the next week, students will be learning more about Orange Shirt Day.

### Student Verification forms, Calendar Magnets, and Planners

Just a reminder to send back your checked over Student Verification form. It is VITAL that you check it over thoroughly – <u>especially your contact info and your email address</u> – to ensure we have the right information. Having the current information means safety for your child as we can then properly communicate with you. If at any time during the year, you change your phone number, address, or email, we kindly urge you call the office to let us know. Changing your address does not mean you can no longer attend Clayton – once a Cougar, always a Cougar!

Planners went home this week. Please send in \$5 cash or pay online at: <a href="https://surreyschools.schoolcashonline.com/">https://surreyschools.schoolcashonline.com/</a> Remember that no child will be denied a planner due to financial reasons.

# **Kindergarten Supplies**

Payment for the supplies can now be made through <a href="https://surreyschools.schoolcashonline.com/">https://surreyschools.schoolcashonline.com/</a>

### Student masks

The reusable masks that the district is providing to every student are coming home next week. We had received a shipment of primary masks and we should be receiving our intermediate masks by next week. Each student will receive one reusable mask. Please make sure these get washed and labelled before sending them to school with your kids. We only have the two sizes and cannot trade them in so if it doesn't fit your child, please find someone in your family/social circle to give it to.

## Our students are doing a fantastic job of everything they need to do to keep us all safe:

- Hand washing and hand sanitizing multiple times per day
- Staying in their playground zones
- Using the hallways as infrequently as possible
- Using the back walkway to get to the bathroom (portable/modular students)
- Wearing masks in the hallways and bathrooms

Way to go everyone!! Together with kindness, we can keep everyone safe!

### **Parent Resources:**

From time to time, I find resources, ideas, or parenting tips that I like to pass on. They are usually graphics or short articles that I find interesting or catch my eye. Feel free to use and share!

This week's article is on building resilience: <a href="https://www.healthychildren.org/English/healthy-living/emotional-wellness/Building-Resilience/Pages/Building-Resilience-in-Children.aspx">https://www.healthychildren.org/English/healthy-living/emotional-wellness/Building-Resilience/Pages/Building-Resilience-in-Children.aspx</a>

# TIPS TO BUILD EMOTIONAL RESILIENCE IN KIDS

Spend quality
time with kids.
When they feel loved
and supported, children
develop emotional strength.

Talk about feelings so your child learns to share their worries and fears with people they trust.

Instead of rushing to solve problems, give kids time to work things out themselves. When children experience failure or disappointment, it's important to praise their effort and encourage them to try again.

Acknowledge your own mistakes to teach kids that mistakes are essential for learning and growth.

If your child can't find a solution to a problem, use gentle questioning to guide them towards it.

Ensure kids are eating well and getting enough sleep and exercise.

