



“The Feather”, our AbEd memo, keeps you up-to-date on events and news related to our department. Submissions are accepted (hummel_lisa@surreyschools.ca) up to noon on the previous Friday.

Imagine a Canada 2019 Deadline Reminder

If your student is planning on submitting to Imagine a Canada 2019, there is still some time. **The deadline for submissions is March 1, 2019.**

For more information, please visit the website: education.nctr.ca

Dr. Verna J Kirkness Science and Engineering Education Program 2019

The new deadline is extended to March 8th, 2019. See the [Verna J Kirkness Brochure](#).

Try-A -Trade @ VCC - Wednesday, February 27, 2019 - 10:00 am – 1:00 pm

VCC Broadway Campus

If you have students in grades 9 - 12 who are interested in Transportation Trades, Technology, Design, Hospitality, or Hair & Esthetics, they are invited to VCC's Broadway campus for a morning of hands-on learning. Explore careers opportunities, while being led through activities and projects.

To register a student, check with the career counsellor in your school.

First Directions: FREE Filmmaking Retreat for Indigenous Youth, March 24-30, 2019 - Langley

(Selections will be starting Feb. 15, 2019.) Develop short videos on topics related to Indigenous youth health and wellness.

This year, a group of 15-25 Indigenous youth will:

- Meet at a retreat centre in Langley, BC, supervised by the Yúusnewas staff team
- Receive training on HIV, sexual health, harm reduction, and how colonization has affected our health—and what we can do about it
- Learn how to create a video, including how to use film equipment, create a storyboard, etc.

YouthCO will cover travel costs to and from the workshop as well as meals and accommodations during the training to participants whose applications are accepted. We will work with families and communities to ensure safe transportation for all youth. You can go to http://www.youthco.org/first_directions_2019 for more info, and how to apply or contact Larissa at firstdirections@youthco.org or by phone: 604-688-1441

The Xyolhemeylh Annual Family Forum – deadline for registration – Mar 1st

See linked [poster](#) and [registration form](#). This forum is taking place **Friday March 8** (for adults only) and **Saturday March 9** (for families) at the Neighbourhood Learning Centre in Chilliwack. Friday will be a session of workshops and lunch for adults only. (“Mindfulness and Meditation“, a men’s session, a social media & internet safety workshop and a craft session.) Saturday is an event for the whole family! There will be drumming, singing, powwow dancing, lunch, a magic show, crafts, and Slahal! Both Friday and Saturday will also showcase a host of community partners and resources with information tables and end with great door prizes! This forum is free for Aboriginal families but does have limited registration. Completed registration forms are due March 1; send to Registration@xyolhemeylh.bc.ca .

Any questions? Julia McCaffrey Julia.Mccaffrey@xyolhemeylh.bc.ca or Raven Little raven.little@xyolhemeylh.bc.ca .

3-day Spring Break Day Camp for Youth (ages 12-24), March 25, 26 & 27

Deadline for application – March 15th – See links to [registration](#) and [flyer](#).

A partnership between Lower Fraser Valley Aboriginal Society, Encompass Support Services Society/Youth Hub, Indigenous Child and Youth Mental Health, and Xyolhemeylh is offering a free camp in Langley at the Youth Hub (6275 203 St, Langley, BC V3A 5E6). Transportation to the camp can be provided to/from the Langley City Bus Loop. (Youth will need to be able to get to/from the bus loop on their

own.) Spaces are limited. Register via FAX to (604) 546-1132 or via email to adrienne@encompass-supports.com

Free Mental Wellness Programs - Winter/Spring 2019 - YMCA

The programs are open to young people (ages 13-30) across the Lower Mainland. See the [poster](#) and [link](#) for details.

Here are some of the offerings:

Teen Mindfulness (Ages 13 - 17) - 6 wk program at YMCA, 57th Ave, Surrey

Wedn: 4:30 pm – 6:00 pm, April 3rd - May 8th

Intake – Mar 6th @ 4:30 pm - or – Mar 13th @ 4:30 pm.

teenmindfulness@gv.ymca.ca or call 604.673.6172

Mind Fit (Ages 13-19) - 8-session program to help with low-mood, low energy or stress

YMCA, 57th Ave, Surrey - Monday(s): 6:15 pm - 8:15 pm, April 1st - June 3rd

Intake March 4th @ 6:15 pm - or – March 11th @ 6:15 pm

mindfit@gv.ymca.ca or call 604.673.6182 today!

Training and Certification Opportunities for Aboriginal Youth – March 18-22 – 9am-4pm - QESS

Let your students know about training & certification sessions at Queen Elizabeth Secondary happening this spring break.

Students can earn certification in First Aid, High 5, Fundamental Movement skills, Food Safe and the last day will be a career focus with resume writing and financial management. See [poster](#) for details.

There is space for 20- 25 youth, grades 10-12 – For any interested Indigenous student, but make sure your Windspeaker kids know as well.

Cross Cultural Connections: Youth Symposium on Anti-racism – March 6th

A celebration of **Equity**, Truth and Reconciliation and Black History Month – Wednesday, March 6th, 2019 – 8:30 am to 2:45 pm @ REC

The intent of the day is to build cultural awareness and sensitivity within the student community. Facilitators will provide a safe environment to discuss issues of race with respect and positivity. Speakers and activities will instill students' racial and cultural

heritages. In the face of current social tensions, dialogue will be relevant and meaningful. Each secondary school can register up to seven students and each learning centre up to four students. **Please choose students that have not attended in the past.** Deadline for registration is February 28, 2019.

[Poster](#)

[Permission Form](#)

[Registration Form](#) (to be submitted by school contact)

=====

Gordon Powell

Twitter: @gordonpowell hashtag: #sd36AbEd

Blog: <http://sharedteachings.blogspot.ca/>

AbEd Weebly:

<http://aboriginalresourcesforteachers.weebly.com/>