

"The Feather", Aboriginal Learning memo, keeps you up-to-date on events and news related to our department. Submissions are accepted (kerins l@surreyschools.ca) up to noon on the previous Friday.

### Update to the Board/Authority Authorized (BAA) Courses Policy

Information for Principals/Vice-Principals and School Counsellors: The <u>BAA policy</u> has been updated to allow First Nations students at non-independent First Nations schools to obtain credit for cultural activities and events that are part of a student's education program. Three course codes have been added to the Course Registry (effective July 1, 2021) for exclusive use by nonindependent First Nations schools to document these activities once approved. There are no changes to the reporting of BAA courses for public, independent and offshore schools.

#### **Everyday Anxiety Strategies for Educators (EASE)**

EASE is now available in an electronic format. <u>EASE Online</u> is a collection of free resources and lesson plans for educators to help teach strategies to address anxiety with students in grades K-7. Developed by the Ministry of Children and Family Development in partnership with Anxiety Canada, EASE supports the goals of B.C.'s mental health strategy, <u>A Pathway to Hope</u>, and has been used in B.C. schools since 2019.

#### **New Resource on Indigenous Music**

<u>New education resource on Indigenous music for Canadian students and teachers</u> *Global News | May 15, 2021* 

## **National Indigenous Peoples' Day Competition Submissions**

The National Indigenous Peoples' Day (NIPD) contest is coming to a close this Friday, June 4<sup>th</sup>. If your class or Indigenous students in your school(s) are participating, this is a reminder that all submissions need to be sent to Lisa Kerins <u>kerins 1@surreyschools.ca</u> by 3pm on Friday, June 4<sup>th</sup>.

The judging will be taking place on Monday, June 7<sup>th</sup> starting at 9am and winners will be shared shortly afterwards.

For the lucky winners, we are hoping to schedule the Indigenous build-a-bear activity ASAP, so we can capture some video footage for the Surrey NIPD live stream that will take place June 21<sup>st</sup>. We need to submit all video footage to the City of Surrey by June 11<sup>th</sup> to be included in the big event.

Thank you for your support. Juanita is looking forward to reading all the submissions and announcing the lucky winners on June 7<sup>th</sup>.

## **Summer Volunteer Position with Educational Game**

For grade 9-12 students, via UVic's HighTechU This summer, there's a volunteer opportunity for students to get involved with production of an educational mobile game.

A U.S.-based nonprofit game producer of "OtherWordly," and HighTechU at University of Victoria are collaborating on a volunteer internship designed to give students a window into some of the production and marketing elements of **mobile video game** design. There are several tasks planned to show students various pieces that go into making and launching an educational game.

WHO: Students Grade 9-12 WHERE: Living & studying in British Columbia WHEN: June 14 to August 16, 2021 COMMITMENT: 60-120 hrs DEADLINE: 7-June - it's easy to apply.

Here's a Tweet about it: https://twitter.com/hightechu\_ca/status/1395830651299844098

Here's a web page about it: https://hightechu.ca/2021/05/21/volunteer-with-idea-games/

HighTechU does various work with high school students.

## **Mental Health First Aid**

Poster Click here for more information.

## **Indigenous Science Experience**

Poster Click <u>here</u> for more information.

# **Application Deadline Extended!! High School Emerging Indigenous Scholars Virtual Summer Camp**

Indigenous Education and Services at snoweyoł lelom Langara College, UBC Faculty of Mathematics, UBC Faculty of Science, and the Pacific Institute for the Mathematical Sciences (PIMS) will be running the **Emerging Indigenous Scholars Virtual Summer Camp** from July 5, 2021 to August 6, 2021. Applications are still open. Please share this opportunity with your Indigenous high school students. **Deadline to apply is Friday, June 4, 2021.** 

Click here for more information.

#### **Stepping Stones: FREE ELearning**

Introduction to Physical Literacy 101: Indigenous Lens – June 30th @ 10:00 am to 1:30 pm

#### Mental health Supports for Staff and Students

<u>Healing and wellness resources | Indian Residential School History and Dialogue Centre (ubc.ca)</u> (This link provides self-care strategies, several embedded links for students, survivors and family members, community members and Indigenous peoples)

#### First Nations Health Authority (fnha.ca)

(Comprehensive supports varying from traditional healing, mental wellness, tips guides and resources)

### <u>NEW MENTAL HEALTH SUPPORTS FOR MÉTIS PEOPLE IN BC – Métis Nation British</u> <u>Columbia (mnbc.ca)</u>

(Pilot program providing Métis youth and adults in B.C. with funding for counselling)

<u>PUBLICATION-Mental-Health-and-Resiliency-Supports-2020-05-01b.pdf (fnesc.ca)</u> (Comprehensive list of Mental Health and Resiliency supports from FNESC)

#### **Hope for Wellness Help Line**

Open to all Indigenous Peoples across Canada, and offers 24-hour mental health counselling, via phone 1-855-242-3310 or chat Line: <u>https://chat.fn-i-hopeforewellness.ca/</u>

Call **310-6789** (no area code needed) toll-free anywhere in BC to access emotional support, information and resources specific to mental health and substance use issues. Available 24 hours a day.

## **KUUS-US: The KUU-US Crisis Line Society**

Operates a 24-hour provincial Aboriginal Crisis line for: adults, elders and youth <u>https://www.kuu-uscrisisline.ca/</u> Adult/Elder Crisis Line: 250-723-4050 Child/Youth Crisis Line: 250-723-2040 BC Wide Toll Free: 1800-KUU-US17 (1800-588-8717) Métis Crisis Line BC Toll Free: 1833-MétisBC (1833-638-4722)

## **Indian Residential School Survivors Society**

(IRSSS) provides essential services to Residential School Survivors, their families, and to those dealing with intergenerational trauma. Call toll free: 1-800-721-0066.

## First Nations Health Authority Mental Wellness & Counselling Support

Offers a list of providers registered with health benefits at <u>www.fnha.ca/benefits/mental-health</u> or call 1-855-550-5454.

## **Colouring Pages**

<u>Every Child Matters</u> – Colouring Page - Artwork shown by <u>Yasakw Yakgujanaas Designs</u> More colouring pages can be found <u>here</u>.

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