

"The Feather", our Aboriginal Learning memo, keeps you up-to-date on events and news related to our department. Submissions are accepted (kerins l@surreyschools.ca) up to noon on the previous Friday.

Staff Wellness during COVID-19: A Discussion with Dr. Linda Uyeda

December 9 @ 3:15pm – Surrey Mental Health and Wellness 40 Presents: "Teacher/ Staff Wellness during COVID-19: A Discussion with Dr. Linda Uyeda" – Live Stream Found here: <u>https://www.youtube.com/watch?v=EQ0cLrXwm0c</u> Dr. Linda Uyeda is a family physician who works at several Fraser Health youth clinics and the Forensic Psychiatric Hospital. The event is set up for you to ask questions live.

Online Indigenous Mentorship Program for *Girls

https://ywcavan.org/programs/mentorship/indigenous-mentorship

- Tuesdays, weekly, on Zoom (Link provided after registration)
- 3:30 5:30pm
- Beginning Dec 1, 2020

Are you a self-identified Indigenous teen *girl? Our FREE afternoon talking circle and hang out is for you! Together with other self-identified Indigenous *girls and mentors you will be able to:

- Make new friends, chat about anything from movies, to music, to life experiences
- Connect, and gain support
- Celebrate our Indigenous cultures and explore social and gender issues together
- Enjoy fun cultural activities, and explore Indigenous media, current events, music, and art
- Gain leadership skills, self-esteem.

*The program welcomes members of the Two-Spirit, Non-Binary, Trans, Queer and Disabled Communities.

Job readiness certification courses

Open to High school students (Especially Windspeaker!)

Community Schools Partnership is running most of these courses online this year. (Depending on the type of certification some may have to be in person.). See dates and topics below. Arthur

Tiojanco $<\underline{tiojanco a@surreyschools.ca}$ from CSP is coordinating the certifications and needs student names and emails by Dec 11th for those that are interested in taking part.

- January 23 & 30 Superhost
- February 6 PHCD (Principles of Healthy Child Development)
- February 27 Food Safe
- March 14 Psychological First Aid

Note that PHCD is self-paced and they can be sent the link to the course at any time. Psychological First Aid is also self-paced, and students can be sent the link at any time. If you have any questions about the certifications themselves please feel free to ask Arthur.

Gordon Powell Twitter: @gordonpowell hashtag: #sd36AbEd Blog: <u>http://sharedteachings.blogspot.ca/</u> AbEd Weebly: <u>http://aboriginalresourcesforteachers.weebly.com/</u>